




LASER HAIR REMOVAL



·CITY LASER·
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City Laser Clinic | Suite 304, Level 3, 84 Pitt Street Sydney CBD NSW | Call 9232 8090 to book



Laser Hair Removal is a process that helps to reduce hair growth. Laser Hair Removal Treatment is a longer lasting hair removal solution.

By using this hair removal method you can achieve up to 95% permanent hair loss.

In many cases, a vast reduction in the amount of hair growing back can be seen after just one treatment.

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5 STEPS TO FOLLOW WHEN HAVING LASER HAIR REMOVAL TREATMENTS





We request that you shave the area being treated one day before your Laser Hair Removal appointment. Long hair is not required (3mm growth maximum, excluding female facial area) as we want the laser to target the hair follicle, not the top of the hair. If you recently have waxed or tweezed the area, we recommend waiting 3 weeks for re-growth and then shaving the area one day prior to your Laser Hair Removal treatment.

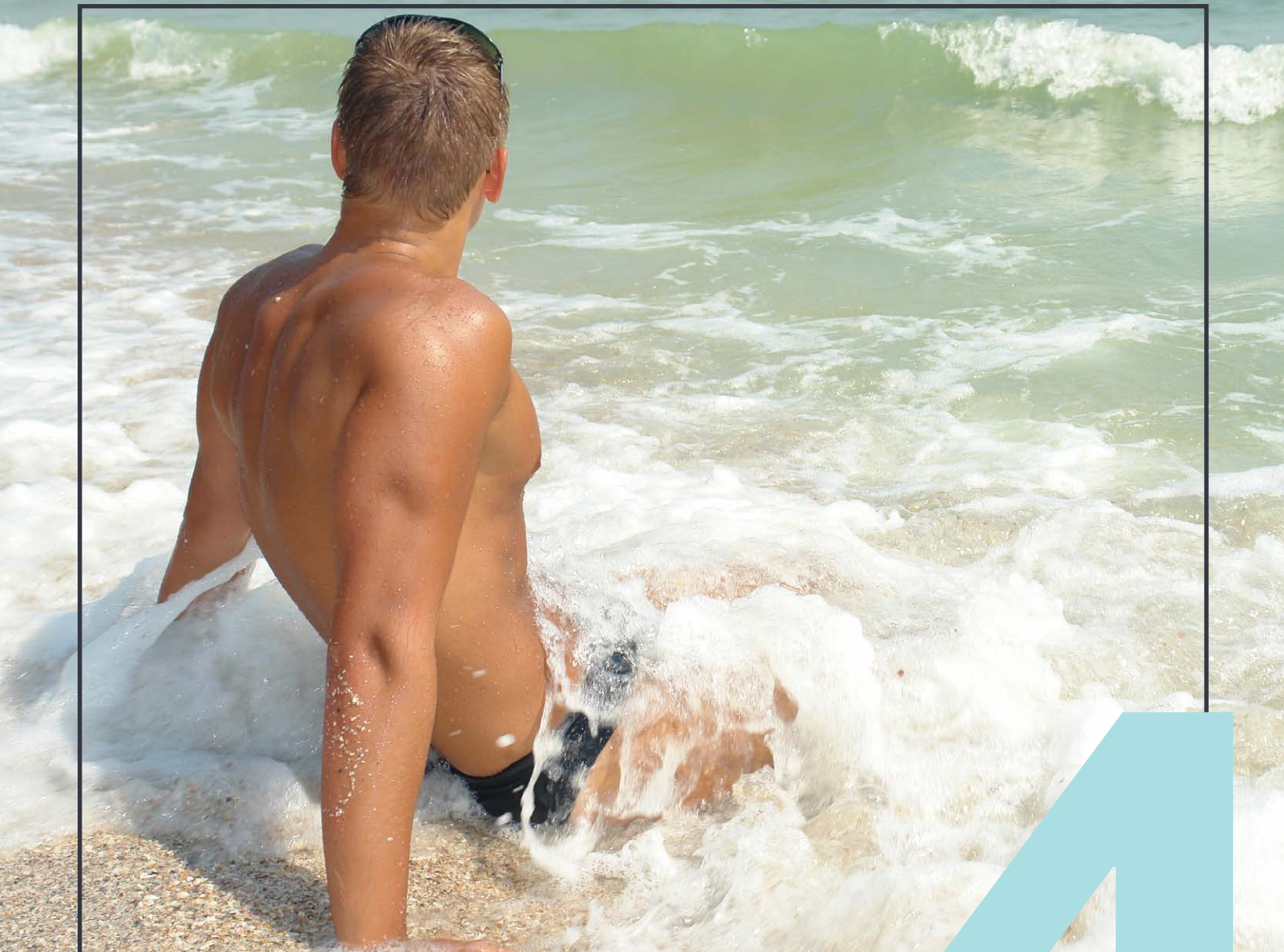


Being consistent (every 4-6 weeks) is vital when having laser hair removal treatments to see the best results possible. Not doing your treatments consistently will result in needing more treatments. This is due to the fact that your hair goes through a cycle every 4-6 weeks and if a hair cycle has not been treated, it will result in more hair growing back.



3

Sun exposure is to be avoided two weeks before and two weeks after the treatment in order to avoid any adverse reactions. If you are too tanned and the hair is too light, the laser will be unable to target the hair follicle and therefore the treatment will not be effective. This also includes fake tan, which must not be applied to the area for 2 weeks prior to the treatment.



4

Exercise, hot showers and anything else which creates heat to the area must be avoided for at least 24 hours after the treatment. This is due to the area already having been heated by the laser and any more heat will cause adverse reactions.

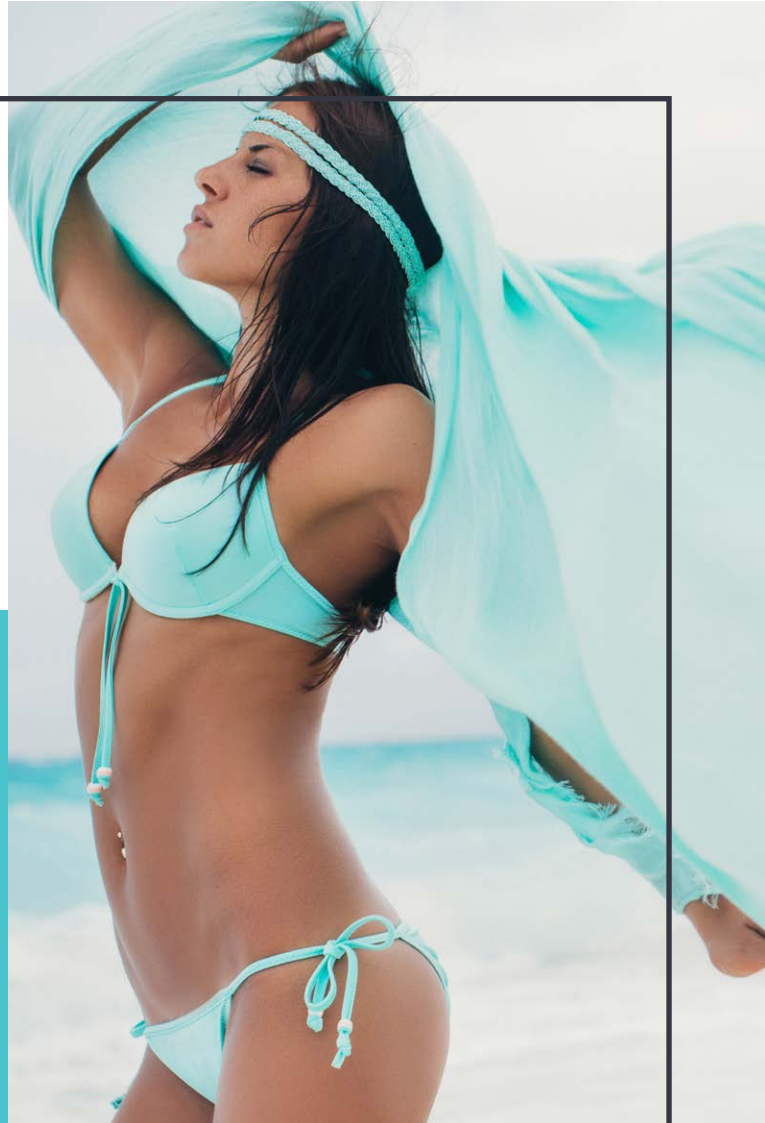


Your hair can take up to 2 weeks to fall out after the treatment and may fall out on the 14th day. In the meantime, exfoliating 2-3 times a week is necessary in order to help with the process of the hair falling out. If you do not exfoliate, you may notice little black dots in the area which we call “peppering”. If the peppering is still present on your next treatment, the treatment can be more painful.



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If you have any questions about our procedures, or just want to know more, let us know. We are always happy to help.



City Laser Clinic provides safe and effective non-surgical cosmetic treatments. With our qualified and experienced therapists we specialise in a range of advance laser therapies including skin rejuvenation, laser hair removal, treatments of pigmented lesions and tattoo removal.

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